

## UKSBM Timetable Tuesday 8th December 2015

Time	Session	Speaker/Chair	Room
09:00	Registration	Tuesday 8th December 2015	Gateshead Foyer
09:45	Welcome and Early Career Awards	Dr Chris Bundy, President, UKSBM Professor Eileen Kaner, Chair of the Scientific Committee	Gateshead Suite
10:15	Keynote	<b>Dr Charlie Foster</b> Recruitment - the real challenge of changing behaviour?	Gateshead Suite
11:05	Parallel Session A	<i>Symposium:</i> Bridging the evidence to practice gap: implementing brief behavioural interventions for risky alcohol consumption in primary healthcare and beyond	Pipewellgate
		<i>Symposium:</i> Psychobiological stress: mechanisms, health and wellbeing	Gateshead Suite
		<i>Parallel Session Themes:</i> 1. Weight Management 1 2. Smoking Cessation 3. Alcohol 1 4. Managing Long-Term Conditions	Boardroom Room 6, 7 & 8 Room 1 Room 2
12:20	Lunch & Meetings	Private NPRI meeting	Pipewellgate
		All other delegates eat lunch and network	Gateshead Foyer
13:30	Prize Winning Presentations	★ Rosie McEachan: Positive effects of green space on depression in pregnancy: towards environmental interventions for health ★ Dr Jody Quigley: Childhood self-control predicts smoking throughout life: Evidence from 15,000 cohort study participants	Gateshead Suite
14:10	Parallel Session B	<i>Symposium:</i> Carrots and sticks for childhood jabs: do financial incentives or school entry policies increase uptake of preschool vaccinations and how acceptable are they?	Pipewellgate
		<i>Symposium:</i> The Bristol Girls Dance Project: results of a dance-based cluster-RCT for Year 7 girls and implications for future research	Gateshead Suite
		<i>Parallel Session Themes:</i> 1. Eating and Drinking 2. Public Health 3. Delivering Healthcare 4. Theory, Frameworks and Methodology	Room 6, 7 & 8 Room 1 Boardroom Room 2
15:25	Poster Tours & Refreshments	<i>Interactive Poster Parallel Session Themes:</i> - Alcohol, smoking & substance use - Maternal health - Children, young people, and parents - Healthcare practice - Digital technology - Person perspective - Public health - Lifestyle interventions in clinical populations	Gateshead Foyer
16:20	Keynote	<b>Professor Angela Clow</b> Links between aging, cortisol secretion and cognitive function	Gateshead Suite
17:10		<b>Tribute to Jane Wardle</b> Robert West	Gateshead Suite
17:20	UKSBM AGM	UKSBM AGM Members	Gateshead Suite
19:30		<b>Wine Reception and Dinner Evening Entertainment</b>	BALTIC Centre for Contemporary Art (Offsite)

## UKSBM Timetable Wednesday 9th December 2015

Time	Session	Speaker/Chair	Room
08:30	Registration	Wednesday 9th December 2015	Gateshead Foyer
09:00	Keynote	<b>Professor Steve Cummins</b> Improving population health: the challenge of environmental interventions	Gateshead Suite
09:50	Parallel Session C	<i>Symposium: Implementing evidence based guidelines for public health in local authorities</i>	Pipewellgate
		<i>Structured Discussion: Downsizing: how can the behavioural sciences inform public health efforts to reduce portion size?</i>	Gateshead Suite
		<i>Parallel Session Themes:</i> 1. Alcohol 2 2. Children and Young People 3. Prevention 4. Pregnancy and Maternal Health	Room 1 Boardroom Room 2 Room 6, 7 & 8
11.05	Poster Tours & Refreshments	<i>Interactive Poster Parallel Session Themes:</i> - Lifestyle interventions in clinical populations - Person perspective - Eating and weight management - Using medicines - Children, young people and parents - Digital technology - Healthcare practice - Public health	Gateshead Foyer
12:00	Parallel Session D	<i>NPRI Workshop: Knowledge translation</i>	Pipewellgate
		<i>Symposium: Monitoring alcohol consumption in England: The Alcohol Toolkit Study</i>	Gateshead Suite
		<i>Parallel Session Themes:</i> 1. Physical Activity and Sedentary Behaviour 2. Primary Care 3. Weight Management 2 4. Rehabilitation and Self-Care	Room 1 Room 6, 7 & 8 Boardroom Room 2
13:15	Lunch & Meetings	UKSBM Early Career Network Meeting	Pipewellgate
		All other delegates eat lunch and network	Gateshead Foyer
14:25	Parallel Session E	<i>Symposium: The New NHS England/NHS Scotland competence framework for psychological interventions for people with Long Term Conditions (LTC) and Medically Unexplained Symptoms (MUS): Implications for research and practice</i>	Gateshead Suite
		<i>Structured Discussion: SWOTting up on exercise referral - how do we instigate behavioural change?</i>	Pipewellgate
		<i>Workshop: Funding for behavioural research. By Cancer Research UK, Wellcome Trust, MRC and NIHR</i>	Room 1
		<i>Parallel Session Themes:</i> 1. Alcohol 3 2. Adherence and Attendance 3. Personal beliefs, cognitions and self-control	Room 2 Room 6, 7 & 8 Boardroom
15:40	Break	Refreshment break and exhibition	Gateshead Foyer
16:10	NPRI Keynote	<b>Professor Falko Sniehotta</b> Preventing weight regain after successful weight loss: Individual and population perspectives	Gateshead Suite
17:00	Close	Best Poster Prize. Goodbye and hello from the 2016 hosts	Gateshead Suite

## Day 1 - Tuesday 8th December 2015 - Parallel Session A, 11:05-12:20

Chair	Prof Eileen Kaner	Dr Mark Wetherell	Prof Falko Sniehotta	Prof Robert West	Dr Richard Cooke	Dr Rachael Powell
Room	Pipewellgate	Gateshead Suite	Boardroom	Room 6, 7 & 8	Room 1	Room 2
	Symposium	Symposium	Weight Management 1	Smoking Cessation	Alcohol 1	Managing Long-Term Conditions
11:05 - 11:20	<b>Bridging the evidence to practice gap: implementing brief behavioural interventions for risky alcohol consumption in primary healthcare and beyond</b>	<b>Psychobiological stress: mechanisms, health and wellbeing</b>  Prof Angela Clow, Dr Michael Smith, Prof Daryl O'Connor	<b>Perceived weight status and risk of weight gain across life in US and UK adults</b> Dr Michael Daly	<b>Recall of e-cigarette advertising and point of sale displays by 12-17 year olds and relationship to intention to use e-cigarettes in next 6 months</b> Dr Catherine Best	<b>Drowning in data: 7,500 responses to a text message intervention</b> Prof Iain Crombie	<b>Can theory-based written resources improve illness coherence without increasing anxiety in people with psoriasis? Findings from the IMPACT patient intervention feasibility study.</b> Karen Kane
11:23 - 11:38	Dr Amy O'Donnell, Colin Angus, Dr Niamh Fitzgerald, Bernd Schulte  Discussant: Prof Eileen Kaner		<b>Treatment fidelity in a health advisor led weight-loss intervention: exploring the CAMWEL trial</b> Dr Emma Godfrey	<b>Real-world uptake of a tailored text message smoking cessation programme for pregnant smokers (MiQuit) in non-clinical settings</b> Dr Joanne Emery	<b>The measurable effect of alcohol licensing policy intensity on local alcohol-related hospital admission rates in England.</b> Dr Frank de Vocht	<b>A qualitative study of health-seeking behaviour in patients with psoriasis</b> Dr Jacqueline Simpson
11:42 - 11:57			<b>Health, not weight loss, focused programmes (HNWL) versus conventional weight loss programmes (CWL) for cardiovascular risk factors: A Cochrane review</b> Nazanin Khasteganan	<b>A qualitative investigation into the barriers and facilitators to smoking cessation during pregnancy from three perspectives - pregnant women, their partners and healthcare professionals</b> Dr Felix Naughton	<b>How do we control an unsuitable tendency? The effects of Cue Avoidance training and Inhibitory Control training on alcohol consumption in the laboratory.</b> Lisa Di Lemma	<b>Natalia Subjective sleep quality and next-day fatigue in chronic fatigue syndrome (CFS): A daily diary study.</b> Prof Alison Wearden
12:01 - 12:16			<b>Development and optimisation of a self-regulation-based intervention to aid the transition from weight loss to weight loss maintenance</b> Dr Kirby Sainsbury	<b>Impact of advertisements promoting candy-like flavoured e-cigarettes on appeal of tobacco smoking amongst children: an experimental study</b> Dr Milica Vasiljevic	<b>The Effect of an Appearance versus Health Framed Alcohol Awareness Message on Online User Engagement and Behaviour</b> Anna Sallis	<b>Identifying key biopsychosocial barriers for people with primary Sjögren's syndrome to carrying out every-day behaviours across life situations: a group concept mapping study</b> Katie Hackett

## Day 1 - Tuesday 8th December 2015 - Parallel Session B, 14:10-15:25

Chair	Dr Jean Adams	Prof Russ Jago	Dr Eric Robinson	Prof Martin White	Dr Barbara Farquharson	Prof Susan Michie
Room	Pipewellgate	Gateshead Suite	Room 6, 7 & 8	Room 1	Boardroom	Room 2
	Symposium	Symposium	Eating and Drinking	Public Health	Delivering Healthcare	Theory, Frameworks and Methodology
14:10 - 14:25	<b>Carrots and sticks for childhood jabs: do financial incentives or school entry policies increase uptake of preschool vaccinations and how acceptable are they?</b>	<b>The Bristol Girls Dance Project: results of a dance-based cluster-RCT for Year 7 girls and implications for future research</b>	<b>Tracking snacking: Real time contextual correlates of high calorie snacking</b> Dr Julia Allan	<b>How did the PRIMIT intervention change hand-hygiene behaviour in 19000 people?</b> Dr Ben Ainsworth	<b>Is there a role for patients and their relatives in monitoring, detecting and escalating clinical patient deterioration in hospital? A narrative review</b> Abigail Albutt	<b>A methodology for identifying links from behaviour change techniques to theoretical mechanisms of action</b> Dr Rachel Carey
14:28 - 14:43	Rebekah McNaughton, Laura Ternent	Dr Mark Edwards, Dr Simon Sebire, Emma Bird	<b>The impact of an implementation intention intervention to improve meal times and reduce jet lag in long-haul cabin crew</b> Cristina Ruscitto	<b>Reds are more important than greens: how UK supermarket shoppers use the different information on a traffic light nutrition label</b> Asha Kaur	<b>Attitudes towards health promotion practices in pre-registered nurses: relationship with body weight and self-perception</b> Holly Blake	<b>Attitudes towards the use of a modified consent procedure in a study to measure adherence to glaucoma therapy</b> Heidi Cate
14:46 - 15:01			<b>Portion, package or tableware size for changing selection and consumption of food, alcohol and tobacco: Cochrane systematic review</b> Dr Gareth Hollands	<b>Associations between supermarket in-store environments and dietary quality are moderated by educational attainment</b> Dr Christina Vogel	<b>Doctor-patient relationship and quality of life in Irritable Bowel Syndrome.</b> Katrin Hulme	<b>Do Self-Incentives and Self-Rewards Change Behaviour? A Systematic Review and Meta-Analysis</b> Emma Brown
15:04 - 15:19			<b>"If I miss out the crisps I can have an extra pint": challenges and opportunities in addressing overweight and alcohol</b> Prof Iain Crombie	<b>How can we help parents recognise an unhealthy body weight in their children? The 4 &amp; UPP Study</b> Dr Angela Jones	<b>Theory-based process evaluation alongside the cluster randomised controlled 'IDEA' trial targeting multiple behaviour change in primary care clinicians' management of type 2 diabetes</b> [ISRCTN66498413] Dr Justin Presseau	<b>The development of a taxonomy of components for healthcare professional training interventions</b> Dr Katherine Perryman

## Day 1 - Tuesday 8th December 2015 - Interactive Poster Parallel Session

Prof David French	Dr Paula Watson	Dr Tony Cassidy	Dr Angela Beattie
<b>Alcohol, smoking &amp; substance use</b>	<b>Healthcare practice</b>	<b>Maternal health</b>	<b>Children, young people, and parents</b>
Poster Board 1: <b>Development of a theory and evidence informed intervention to promote smoking cessation during pregnancy using narrative, text-messages and images as modes of delivery</b> Dr Mary Steele	Poster Board 10: <b>A systematic review of midwife-health visitor collaborative practices</b> Maria Raisa Jessica (Ryc) Aquino	Poster Board 17: <b>Experiences of lifestyle management and support during pregnancy: a qualitative study of the attitudes and experiences of pregnant women and healthcare professionals</b> Caragh Flannery	Poster Board 23: <b>Mentoring vulnerable excluded adolescents to achieve better health and well-being: results from the feasibility pilot randomised control trial (RCT) of the Breakthrough Mentoring Scheme</b> Dr Angela Beattie
Poster Board 2: <b>Assessing the association between smoking-related attentional bias and craving measured in the laboratory and in the natural environment</b> Dr Rachna Begh	Poster Board 11: <b>Theory-informed evaluation of two delivery approaches of a GP exercise referral scheme: a quasi-experimental trial</b> Dr Paula Watson	Poster Board 18: <b>UK newsprint media representations of guidance and emerging evidence on low level drinking during pregnancy: a content analysis</b> Josh Berlyne	Poster Board 24: <b>The impact on parents/carers of a brief school-based psychoeducational intervention to raise adolescent cancer awareness: a cluster randomised controlled trial</b> Dr Gill Hubbard
Poster Board 3: <b>Designing a process evaluation in the GASP (Groups for Alcohol-misusing Short-term Prisoners) Trial: assessing the influence of group characteristics, organisational and environmental factors</b> Dr Rachel McNamara	Poster Board 12: <b>Recruiting and retaining patient participants in general practices for a trial of brief opportunistic interventions delivered by GPs to motivate weight loss: are local nurses more effective?</b> Sarah Tearne	Poster Board 19: <b>Feasibility of a brief routine weight management intervention for postnatal women embedded within the national child immunisation programme</b> Janice Ferguson	Poster Board 25: <b>Interventions for children with movement impairments: a systematic review of behavioural ingredients, outcomes and mechanisms</b> Dr Niina Kolehmainen
Poster Board 4: <b>Improving the reliability of the visual probe task measure of attentional bias for substance-related cues</b> Panagiotis Spanakis	Poster Board 13: <b>A systematic review of the administration, scoring and classification methods of pain assessments in children and adolescents with chronic pain</b> Rebecca Lee	Poster Board 20: <b>Mam-Kind study: A novel peer-support intervention using Motivational Interviewing for breastfeeding maintenance: a UK feasibility study</b> Dr Lauren Copeland	Poster Board 26: <b>The RIGHT TRACKS study – feasibility of a lottery-based incentive scheme to promote active travel to school</b> Samuel Ginja
Poster Board 5: <b>The <i>ad-libitum</i> alcohol 'taste test': secondary analyses of potential confounds and construct validity</b> Dr Andrew Jones	Poster Board 14: <b>The Perceived Effectiveness of Training (PET) framework: A framework for designing high quality training interventions</b> Dr Katherine Perryman	Poster Board 21: <b>Fertility issues in young women with cancer - a qualitative synthesis of literature</b> Aleksandra Sobota	Poster Board 27: <b>Using intervention mapping to develop a home-based parental supervised toothbrushing intervention for young children</b> Dr Kara Gray-Burrows
Poster Board 6 <b>Effects of inhibition training on event-related potential markers of inhibitory control in heavy drinkers</b> Dr Mrunal Bandawar	Poster Board 15 <b>Can positively deviant elderly medical wards be identified using routinely collected safety data?</b> Ruth Baxter	Poster Board 22: <b>Psychosocial predictors of IVF success: A one year follow-up study</b> Dr Tony Cassidy	

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## Day 1 - Tuesday 8th December 2015 - Interactive Poster Parallel Session

Prof David French	Dr Paula Watson		
<b>Alcohol, smoking &amp; substance use</b>	<b>Healthcare practice</b>		
Poster Board 7: <b>Evaluation of a brief personalised intervention for alcohol consumption in students</b> Natasha Clarke	Poster Board 16: <b>Behavioural predictors of Aseptic Technique performance by renal staff during haemodialysis</b> Dr Vivien Swanson :		
Poster Board 8: <b>Do alcohol treatment/public health and marketing experts think televised alcohol advertisements abide by Code of Broadcast Advertising rules?</b> Prof David French			
Poster Board 9: <b>Visual attention to brand and health information on alcohol packaging</b> Inge Kersbergen			

## Day 1 - Tuesday 8th December 2015 - Interactive Poster Parallel Session

Dr Ian Kellar	Heather Moore	Dr Nicola O'Brien	Prof Annie S Anderson
Digital technology	Person perspective	Public health	Lifestyle interventions in clinical populations
Poster Board 28: <b>Randomised controlled trial of a tailored SMS text-message intervention (MiQuit) for pregnant smokers in routine antenatal care</b> Dr Katharine Foster	Poster Board 33: <b>Psychological profile of individuals presenting with chronic cough</b> Katrin Hulme	Poster Board 39: <b>A pilot randomised controlled trial of a web-based lifestyle intervention 'LEAP' to promote health and wellbeing in retirement</b> Dr Nicola O'Brien	Poster Board 43: <b>TreatWELL - A feasibility study to assess the delivery of a lifestyle intervention for colorectal cancer patients undergoing potentially curative treatment</b> Prof Annie Anderson
Poster Board 29: <b>A web-based and mobile health social support intervention to promote adherence to inhaled asthma medications: randomized controlled trial</b> Dr Ian Kellar	Poster Board 34: <b>The double dividend of safety: reducing risks beyond individual control may lead to increased healthy behaviour</b> Dr Gillian Pepper	Poster Board 40: <b>Transition from community dwelling to retirement village in older adults: cognitive functioning and psychological health outcomes</b> Dr Richard Cooke	Poster Board 44: <b>Management of smoking in UK primary care in patients diagnosed with bladder, lung and head &amp; neck cancer compared with coronary heart disease (CHD): a Clinical Practice Research Database (CPRD) study</b> Dr Amanda Farley
Poster Board 30: <b>Working with service users and providers to create a user-friendly resource: the Digital Heart Manual</b> Dr Carolyn Deighan	Poster Board 35: <b>Patient's experiences of minimally-invasive surgical treatment for Leg Ulcers: The role of agency</b> Philippa Tollow	Poster Board 41: <b>Evaluating the impact of a community-based cancer awareness roadshow on knowledge, attitudes and behaviors</b> Kirstie Osborne	Poster Board 45: <b>The effectiveness of a physical activity consultation service delivered within routine diabetes care</b> Dr Lynsay Matthews
Poster Board 31: <b>Apps and Medication Adherence: A Content Analysis</b> Eimear Morrissey	Poster Board 36: <b>How might cognitive difficulties affect the clinical care of patients with mitochondrial disease?</b> Dr Heather Moore	Poster Board 42: <b>Determinants of physical activity amongst UK community-dwelling older adults</b> Kieran Ayling	
Poster Board 32 <b>Text messaging to encourage uptake of HIV testing amongst African communities: findings from a theory-based feasibility study</b> Dr Holly Blake	Poster Board 37 <b>Do executive function and impulsivity predict adolescent health behaviour after accounting for intelligence? Findings from the ALSPAC cohort</b> Dr Kaidy Stautz		
	Poster Board 38 <b>The Role of Self-Efficacy in the Initiation and Maintenance of Physical Activity: A Systematic Review</b> Mei Yee Tang		

## Day 2 - Wednesday 9th December 2015 - Parallel Session C, 09:50-11:05

Chair	Prof Susan Michie	Prof Susan Jebb	Prof Eileen Kaner	Dr Tony Cassidy	Dr Jean Adams	Prof Mark Pearce
Room	Pipewellgate	Gateshead Suite	Room 1	Boardroom	Room 2	Room 6, 7 & 8
	Symposium	Structured Discussion	Alcohol 2	Children and Young People	Prevention	Pregnancy and Maternal Health
09:50 - 10:05	<p><b>Implementing evidence based guidelines for public health in local authorities</b></p> <p>Prof Mark Petticrew, Prof Mike Kelly, Prof Susan Michie</p>	<p><b>Downsizing: how can the behavioural sciences inform public health efforts to reduce portion size?</b></p> <p>Dr Eric Robinson, Prof Peter Rogers, Prof Theresa Marteau</p>	<p><b>Personalised digital interventions for reducing hazardous and harmful alcohol consumption in community-dwelling populations</b></p> <p>Colin Muirhead</p>	<p><b>Qualitative synthesis of young people's views of sex and relationship education (SRE)</b></p> <p>Dr Pandora Pound</p>	<p><b>A systematic review of the effectiveness of peer support to reduce cardiovascular risk</b></p> <p>Dr Claire McEvoy</p>	<p><b>Evaluation of the implementation of a complex intervention (babyClear©) to promote increased smoking cessation rates among pregnant women in maternity care</b></p> <p>Dr Ruth Bell</p>
10:08 - 10:23	<p>Discussant: Prof Martin White</p>		<p><b>Behaviour change techniques used in digital interventions to reduce excessive alcohol consumption</b></p> <p>David Crane</p>	<p><b>What factors to target to increase physical activity behaviours in children with disabilities? A cross-sectional mixed methods study</b></p> <p>Dr Niina Kolehmainen</p>	<p><b>Increasing uptake of NHS Health Checks - Findings from two pragmatic randomised controlled trials</b></p> <p>Anna Sallis</p>	<p><b>Interest in and use of smoking cessation support across pregnancy and after delivery</b></p> <p>Dr Felix Naughton</p>
10:26 - 10:41			<p><b>Theory content of digital interventions for reducing alcohol consumption: a systematic review</b></p> <p>Claire Garnett</p>	<p><b>Are parental motivations to exercise and aspirations for health associated with the physical activity behaviour of parents and their children?</b></p> <p>Dr Emma Solomon</p>	<p><b>The Community-based Prevention of Diabetes (ComPoD) study: a randomised, waiting list controlled trial of the voluntary sector-led Living Well, Taking Control (LWTC) programme</b></p> <p>Dr Jane Smith</p>	<p><b>Using the Behaviour Change Wheel to develop a psychological intervention to maintain breastfeeding</b></p> <p>Catriona Snodin</p>
10:44 - 11:01			<p><b>Acceptability of and engagement with digital interventions for reducing hazardous or harmful alcohol consumption in community-dwelling populations: a systematic review</b></p> <p>Fiona Beyer</p>	<p><b>Can't play, won't play: longitudinal changes in perceived barriers to participation in sports clubs across the child-adolescent transition</b></p> <p>Dr Laura Basterfield</p>	<p><b>Socioeconomic differences in symptom appraisal and help-seeking for breast changes in the UK: A qualitative comparison study</b></p> <p>Dr Afrodita Marcu</p>	<p><b>Long term impact of the Healthy Eating and Lifestyle in Pregnancy (HELP) trial: participants' experiences two years on</b></p> <p>Dunla Gallagher</p>

## Day 2 - Wednesday 9th December 2015 - Parallel Session D, 12:00-13:15

Chair	TBC	Prof Susan Michie	Dr Stephan Dombrowski	Dr Tracy Finch	Dr Michael Daly	Prof Alison Wearden
Room	Pipewellgate	Gateshead Suite	Room 1	Room 6, 7 & 8	Boardroom	Room 2
	NPRI Workshop	Symposium	Physical Activity and Sedentary Behaviour	Primary Care	Weight Management 2	Rehabilitation and Self-Care
12:00 - 12:15	Knowledge translation	<b>Monitoring alcohol consumption in England: The Alcohol Toolkit Study</b>  Dr Emma Beard, Frank de Vocht, Colin Angus, Dr Jamie Brown	<b>Do web-based competitions promote physical activity? A randomised controlled trial</b>  Dr Andrew Prestwich	<b>Reducing antibiotic prescriptions in general practice at low cost using behavioural insights: a pragmatic national randomised controlled trial</b>  Tim Chadborn	<b>Protocol and baseline characteristics of the NULevel randomised, controlled trial of a scalable, technology-assisted weight loss maintenance intervention for obese adults after clinically significant weight loss</b>  Dr Vera Araujo-Soares	<b>The feasibility and acceptability of referral of post-surgical colorectal cancer survivors to cardiac rehabilitation: A pilot randomised controlled trial with embedded qualitative study</b>  Dr Gill Hubbard
12:18 - 12:33			<b>Real-time associations between executive function and sedentary behaviour in daily life</b>  Dr Daniel Powell	<b>The Influence of GPs' Communication Strategies on Patient Participation in Decision-Making</b>  Dr Rachel Adams	<b>The Weight Loss Maintenance in Adults (WILMA) trial: mediators of weight maintenance outcomes</b>  Dr Sharon Simpson	<b>Working-age cardiac rehabilitation attendees, experiences and illness perceptions - a gender-sensitive qualitative synthesis</b>  Rachel Nutt
12:36 - 12:51			<b>Individual and structural influences on parent's transport choices for the school run: a qualitative interview study</b>  Dr Sara Ahern	<b>The impact of the 2012 revision to the UK primary care pay-for-performance system on general practitioners' provision of smoking cessation support</b>  Prof Paul Aveyard	<b>Promoting fidelity in a behavioural intervention - The Baby Milk Trial</b>  Ann-Marie Wardell	<b>The impact of psychological preparation on postoperative outcomes for adults undergoing elective surgery: A systematic review</b>  Dr Rachael Powell
12:54 - 13:09			<b>Determinants of active ageing in rural England</b>  Jolanthe de Koning	<b>Training healthcare professionals in motivational interviewing to optimise psoriasis self-management: The IMPACT study practitioner intervention</b>  Dr Anna Chisholm	<b>Impact of enhanced National Child Measurement Programme feedback letters to parents of overweight children on uptake of weight management services – A Cluster Randomised Controlled Trial across schools in 3 English counties</b>  Karen Tan	<b>Using mixed methods case-series evaluation in the development of a guided self-management hybrid CBT and ACT intervention for Multiple Sclerosis pain</b>  Anthony Harrison

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## Day 2 - Wednesday 9th December 2015 - Parallel Session E, 14:25-15:40

Chair	Prof Alison Wearden and Prof Rona Moss-Morris	Dr Paula Watson	Lucy Davies	TBC	Dr Claire Easthall	Dr Rosie McEachan
Room	Gateshead Suite	Pipewellgate	Room 1	Room 2	Room 6, 7 & 8	Boardroom
	Symposium	Structured Discussion	Workshop	Alcohol 3	Adherence and Attendance	Personal beliefs, cognitions and self-control
14:25 - 14:40	<b>The New NHS England/NHS Scotland competence framework for psychological interventions for people with Long Term Conditions (LTC) and Medically Unexplained Symptoms (MUS): Implications for research and practice</b>  Dr Chris Bundy, Dr Vivien Swanson	<b>SWOTting up on exercise referral – how do we instigate behavioural change?</b>  Dr Paula Watson, Dr Rebecca Murphy, Prof Adrian Taylor  Discussant: Dr Christopher Gidlow	<b>Funding for behavioural research</b> By Cancer Research UK, Wellcome Trust, MRC and NIHR  Lucy Davies, João Rangel de Almeida, Martin White	<b>The effect of beliefs about alcohol on inhibitory control and the alcohol priming effect</b> Graeme Knibb	<b>Adherence to combination antiretroviral therapy for HIV in rural Tanzania: Application of an extended Theory of Planned Behaviour model</b> Dr Kasia Banas	<b>Telling a story to change behaviour: evaluation of a narrative based intervention</b> Dr Linda Irvine
14:43 - 14:58				<b>Exploring the Antecedents of Student Binge Drinking</b> Ellen Lynch	<b>Effectiveness and cost-effectiveness of the Adherence Improving self-Management Strategy (AIMS) in HIV-care</b> Prof Marijn de Bruin	<b>Resilience predicts the maintenance of health behaviour change: A six month longitudinal study of New Year resolutions</b> Catriona Snodin
15:01 - 15:16				<b>Is attentional bias to conditioned stimuli at the expense of unconditioned stimuli (sign-tracking) associated with greater alcohol consumption in social drinkers?</b> Jay Duckworth	<b>Effects of interventions promoting monitoring of medication use and brief messaging on medication adherence for people with type 2 diabetes: systematic review of randomised trials</b> Prof David French	<b>Childhood self-control and mortality by midlife</b> Dr Michael Daly
15:19 - 15:34				<b>Immediate effects of alcohol marketing communications on consumption and cognition: A systematic review and meta-analysis of experimental studies</b> Dr Kaidy Stautz	<b>Anticipated regret to increase uptake of colorectal cancer screening (ARTICS): a randomised controlled trial</b> Prof Ronan O'Carroll	<b>Factors associated with fatigue in haemodialysis patients: the importance of patients' cognitions and behaviours</b> Dr Joseph Chilcot

## Day 2 - Wednesday 9th December 2015 - Interactive Poster Parallel Session

Dr Bronia Arnott	Chair TBC	Prof Adrian Taylor	Jennifer McAnuff
Public health	Healthcare practice	Digital technology	Children, young people, and parents
Poster Board 1: <b>Profiling offshore workers' engagement in self care: opportunities for behaviour change interventions</b> Kathrine Gibson Smith	Poster Board 11 <b>Barriers and determinants of pre-registered nurses and medics participation in physical activity</b> Dr Holly Blake	Poster Board 18: <b>The effectiveness of technological supports in healthcare professional behaviour change: A realist literature review</b> Dr Chris Keyworth	Poster Board 24: <b>An intervention-development study to support participation in leisure in 8-12 year-old children with disabilities</b> Jennifer McAnuff
Poster Board 2: <b>The effectiveness of environmental interventions into the use of green space: a systematic review</b> Hannah Roberts	Poster Board 12: <b>An investigation of the factors influencing physical activity among midwives</b> Dr Deirdre Holly	Poster Board 19: <b>Evaluation of an internet-based weight loss intervention</b> Dr Anna Sherrington	Poster Board 25: <b>Validation of a questionnaire on the mode of commuting to school in Spanish adolescents</b> Manuel Herrador-Colmenero
Poster Board 3: <b>Subjective access to sports facilities and being physically active: relationship with socioeconomic status and obesity</b> Kofi Antwi	Poster Board 13: <b>Beyond the trial: Encouraging behaviour change using motivational interviewing in the real world</b> Dr Fiona McMaster	Poster Board 20: <b>Usage analysis of a web-based weight management intervention using a novel visualisation tool</b> Dr Mary Steele	Poster Board 26: <b>Process evaluation of the RIGHT TRACKS study: a feasibility test of an incentive scheme to promote active travel to school</b> Samuel Ginja
Poster Board 4: <b>Work in Progress: What can we learn about how to improve uptake of bowel cancer screening from higher rates of uptake in breast and cervical screening programmes?</b> Marie Kotzur	Poster Board 14: <b>Introducing audit and feedback in an allied health service for children</b> Jennifer McAnuff	Poster Board 21: <b>Can adding web-based support to UK primary care exercise referral schemes improve patients' physical activity levels? Intervention development for the e-coachER study</b> Prof Adrian Taylor	Poster Board 27: <b>Does an enhanced NCMP feedback letter change parental perceptions of child weight status and their behaviours and intentions towards healthy weight maintenance? A survey of NCMP parents</b> Karen Tan
Poster Board 5: <b>Who, where, when: the demographic and geographic distribution of bicycle crashes in West Yorkshire</b> Dr Ian Kellar	Poster Board 15: <b>Exploring what clinical positional leaders describe as affecting behaviour change</b> Michael Sykes	Poster Board 22: <b>Insight on goal setting, self-monitoring and social support by participants in the <i>HelpMeDolt!</i> feasibility trial</b> Juliana Pugmire	Poster Board 28: <b>Determinants of changes in sitting time and sitting fragmentation from age 12 to 15 years</b> Dr Xanne Janssen
Poster Board 6: <b>Understanding the factors associated with low and high intention to change transport behaviours: A qualitative study</b> Dr Bronia Arnott	Poster Board 16: <b>Behaviour change during audit and feedback in dementia care: A systematic review of the impacts upon effectiveness</b> Michael Sykes	Poster Board 23: <b>The <i>HelpMeDolt!</i> Feasibility Trial: Study Protocol</b> Dr Sharon Simpson	
Poster Board 7: <b>The effect of social pressure on response to a CLASSIC health cohort questionnaire: a randomised controlled trial</b> Dr Sarah Cotterill	Poster Board 17: <b>Implementing routine outcome measurement in clinical practice</b> Catherine Duff		

## Day 2 - Wednesday 9th December 2015 - Interactive Poster Parallel Session

<b>Dr Bronia Arnott</b>			
<b>Public health</b>			
Poster Board 8: <b>Social support and change in adiposity in the Whitehall II study</b> Urszula Tymoszuk			
Poster Board 9: <b>Measures of walking intensity in natural and urban environments: does your head match your heart?</b> Dr Christopher Gidlow			
Poster Board 10: <b>Dying to sit down: an analysis of sedentary behaviour and all-cause mortality using established epidemiological criteria of causality</b> Prof Stuart Biddle			

<b>Chair TBC</b>	<b>Chair TBC</b>	<b>Dr Gareth Hollands</b>	<b>Dr Aoife De Brun</b>
<b>Lifestyle interventions in clinical populations</b>	<b>Person perspective</b>	<b>Eating and weight management</b>	<b>Using medicines</b>
Poster Board 29: <b>The effectiveness of Information-Motivation-Behavioural skills model-based Diabetes Self-Management Education among patients with type 2 diabetes in Jordan (IMB-DSME): Trial Protocol</b> Dr Holly Blake	Poster Board 33: <b>Treatment attitudinal groups in patients with psoriasis using systemic treatments: findings from the Investigating Medication Adherence in Psoriasis study (iMAP)</b> Dr Rachael Thorneloe	Poster Board 37: <b>Pairing images of unhealthy and healthy foods with images of negative and positive health consequences: impact on attitudes and behavioural choice</b> Dr Gareth Hollands	Poster Board 41: <b>Coding patients' attributions of responses to Methotrexate (MTX): The development and application of of a reliable coding to patient diary data from a national cohort study (RAMS)</b> Holly Hope
Poster Board 30: <b>Changing Physical Activity Behaviour in People with Multiple Sclerosis: A Systematic Review</b> Blathin Casey	Poster Board 34: <b>'Chronic cough, cause unknown': a qualitative study of patient perspectives of idiopathic cough</b> Katrin Hulme	Poster Board 38: <b>Adolescents and adult food portion sizes: an estimation and comparison of commonly consumed foods</b> Dr Salwa Albar	Poster Board 42: <b>Process evaluation in drugs trials within adult learning disability populations: a systematic review</b> Elizabeth Randell
Poster Board 31: <b>OPTIMISTIC case study: cognitive-behavioural treatment to reduce fatigue, increase activity and improve quality of life on a rare disease</b> Dr Sandra Van Laar	Poster Board 35: <b>Parenting experiences and early maladaptive schemas: Mediators to adjustment in a community sample of atopic dermatitis patients</b> Dr Elli Kalaki	Poster Board 39: <b>Who loses weight and keeps it off? A nationally-representative survey of overweight and obese adults in Portugal, Denmark and the UK</b> Dr Elizabeth Evans	Poster Board 43: <b>A study of patients' and GPs' attitudes towards delayed antibiotic and symptomatic treatment for suspected UTI</b> Dr Sinead Duane
Poster Board 32: <b>Development of an intervention to promote active school travel</b> Samuel Ginja	Poster Board 36: <b>Planning During Motivational Interviewing in Relation to Weight Loss Maintenance</b> Dr Lauren Copeland	Poster Board 40: <b>Taste and See: A preliminary investigation into a church-based, intuitive eating programme</b> Riya Patel	

